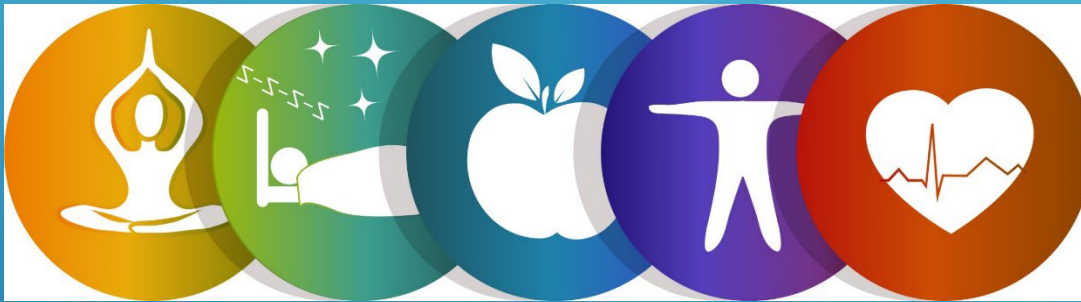


# UC SAN DIEGO

## UNDERGRADUATE HEALTH INSURANCE INFORMATION



# STUDENT HEALTH INSURANCE PLAN

**All students are automatically enrolled in UCSHIP  
as part of  
the registration process.**

- Cost for AY25/26:
  - \$987.00 per quarter (fall, winter, and spring)
  - Spring includes summer
- Most services at SHS are at no cost
- Includes medical, dental, pharmacy & vision
- Worldwide coverage

# STUDENT HEALTH SERVICES HOURS

At student health on campus, we provide a primary care physician home for students. Students may be seen by Physicians, NP's, RN's, X-ray/Lab, Pharmacy, Urgent Care, Optometry, Dietician, Social Worker, Counseling and Psychological Services, acupuncture, and more...

- SHS Hours:
  - Mondays: 8am-6pm
  - Tuesday, Wednesday, & Fridays: 8am-4pm
  - Thursdays: 9am-4pm
  - Fall, Winter, Spring, and Summer
- Appointments: (858) 534-3300 or on MyStudentChart
- Open all year round
- After-hours Advice Nurse (858) 534-3300

# STUDENT HEALTH INSURANCE PLAN

## Accessing care outside of Student Health



- UC Family 90% All UC's in CA
  - NO DEDUCTIBLE for care at UC
  - \$10 copay for specialists at UC
  - 10% out of pocket for diagnostics and hospitalization at UC
- PPO network 80% + \$500 deductible
  - \$30 copay to see specialists/\$20 PCP visit
- Out-of-Network 60% + \$1000 deductible

## Mobile Health App for cards & benefits

- App store: search "SYDNEY"

## More coverage information:

- [ucop.edu/ucship](http://ucop.edu/ucship)
- [studenthealth.ucsd.edu](http://studenthealth.ucsd.edu)



# HAVE OTHER INSURANCE?

Students who have other insurance that meets UC waiver criteria may opt out of UCSHIP by submitting a Health Fee Waiver.

## How to waive:

- On-line via the TritonLink Health Fee Waiver Tool **students.ucsd.edu**

## When to waive:

- May 12th – September 14<sup>th</sup>, 2025
- Late waiver: through September 20<sup>th</sup>
- Waive the full academic year
- **New waiver each new academic year**

Incoming Students must be registered to access the health fee waiver!



# KEEP THIS IN MIND



- Students who waive may still use Student Health
  - Student Health services are provided on a Fee For Service basis
  - Student Health does not accept or bill outside/private insurance
  - Student Health is not contracted with other insurance companies
  - Itemized statements available
  - Student's responsibility to file claim with their insurance company
  
- Cancelling a waiver
  - Change your mind – next quarter
  - Lose other coverage – immediately
  - Cancellation Form on the Student Health website: [Insurance Forms \(ucsd.edu\)](https://ucsd.edu/insurance/forms)



# IF YOU WAIVE, PLEASE CONSIDER THE RAFT OFFERING...

Reduced Access Fee for Tritons: prepaid access to Student Health Services. Provides convenient and inexpensive medical care for students who waive SHIP

What does RAFT cost?

- \$70 per quarter

What does it include?

- Scheduled office appointments
- In-house lab services (CBC, basic blood panels)
- Skeletal x-rays at Student Health



\*How do you enroll in RAFT?

**Option to enroll is included at the end of the waiver application**

- **RAFT is NOT insurance.**
- **RAFT does NOT replace on-going care that should be obtained through your primary care provider.**
- **RAFT does NOT include: pharmacy, send-out labs, optometry, immunizations...refer to SHS website for details**

# QUESTIONS ???

Remember...it is the student's responsibility to review and understand how to access their benefits.

More information:

<http://studenthealth.ucsd.edu>

<http://ucop.edu/ucship>

**We're here to help...**

- Call (858) 534-2124
- Email [ship3@ucsd.edu](mailto:ship3@ucsd.edu)



Zoom with us!

*Mondays, 11 am – 12 pm PST at <https://uchealth.zoom.us/j/88081736382>*

*Wednesdays, 11 am – 12 pm PST at <https://uchealth.zoom.us/j/81949023064>*

*Fridays, 11 am – 12 pm PST at <https://uchealth.zoom.us/j/82705053129>*